

Well?

Have you heard? Our worksite has a new employee ☐

Wellness Committee!

Our committee's mission is to encourage your overall ☐
well-being by fostering "a worksite culture that supports ☐
anyone's desire to make healthy lifestyle choices."

The first step is to hear from YOU! ☐

How should our wellness program work? What is most relevant to you?

Please take the Employee Interest Survey!

It's short. Your answers are completely **anonymous**. ☐
Take it online. Or fill it out on paper.

Submit your completed survey by Friday,

To take the survey online, follow the link on the company intranet. ☐

Or from any computer visit ☐

www.tompkins-co.org/wellness/worksite/survey/surveyex2.html

THANK YOU! ☐

The Wellness Committee

